

For information regarding student body diversity in the categories of gender and ethnicity of enrolled full-time students who receive federal Pell grants, retention rates of diploma seeking first time fulltime undergraduate students or other information regarding Lancaster Beauty School see <http://nces.ed.gov> or College Navigator at <http://nces.ed.gov/collegenavigator>

## PROGRAMS of STUDY

### CURRICULUM

#### Cosmetology

Occupation Codes:

- DOT# 32.271.010

- CIP# 12.0401

Clock Hours: 1000 hours

Delivery Method: Residential

Class Sessions:

- 34 hours per week

Course Description:

Basic Cosmetology is a 1000 clock hour course that prepares students to become licensed Cosmetologists in the State of California.

Course Objectives:

- To successfully prepare the student to pass the State Board exam.
- To prepare students for entry level employment.
- To develop personality skills as well as mechanical skills suitable for the field of Cosmetology.
- To develop marketing and sales skills to become a successful cosmetologist.
- To instruct the students in the fundamentals of Cosmetology for the effective advancement in the field of hair, facials, and nails.
- To instruct the student in all safety and sanitary measures in patron protection.
- To train students in basic procedures.
- To help instill in student's attitudes and good habits of:
  - Creativity
  - Self-assurance
  - Responsibility
  - Ethics

Methods of Instruction:

The education is provided through a set of learning steps that address specific tasks necessary for State Board preparation, graduation, and job entry level skills. Clinic equipment, implements, kits, and products are comparable to those used in the industry. The methods of instruction shall include but are not limited to the following:

- Lecture
- Teaching aids
- Testing (oral/written)
- Student participation in practice
- Video
- Demonstration

Cosmetology Course Outline

Topic	Clock Hours	Hours/ Operations Min.
I. Cosmetology Act: Board Rules and Regulations <ol style="list-style-type: none"><li>Licensing Requirements</li><li>Salon Operational Procedures Required by California</li><li>Regulation Review</li></ol>	20	
II. Cosmetology Chemistry <ol style="list-style-type: none"><li>Chemical Composition</li><li>Purpose of Cosmetic, Nail, Hair &amp; Skin Care Preparation</li></ol>	20	
III. Health & Safety/Hazardous Substances <ol style="list-style-type: none"><li>MSDS Sheets</li><li>Understanding Chemicals</li></ol>	25	

C. Understanding of Communicable Diseases		
IV. Theory of Electricity A. Electrical Currents B. Safety Precautions	5	
V. Disinfecting and Sanitation A. Proper Sanitation Measures B. Client Protection C. Technician Protection D. State Law	20	80
VI. Bacteriology, Anatomy & Physiology	30	
VII. Wet Hairstyling A. Roller Placement/ Comb Outs B. Sculpture Curls C. Finger Waving D. Hair Analysis/ Facial Analysis E. Shampoo	25	45+
VIII. Thermal Hairstyling A. Curling Irons/ Blow Drying Techniques B. Pressing & Curling C. Hair Analysis	20	50+
IX. Permanent Waving A. Hair Analysis B. Chemical Reformation C. Producing Spiral Curls by Permanently Waving Hair D. Producing Direction and/or Varying Degrees of Movement by Permanently Waving Hair E. Soft Permanent Waving a. One-step Process b. Two-step Process	20	60+
X. Chemical Straightening A. Sodium Hydroxide B. Thio Relaxers C. Chemical Reformation	20	15+
XI. Haircutting A. Hair Analysis B. Razor Cutting C. Scissors Cutting D. Facial Analysis E. Dimensions in Hair Design F. Clipper Cutting G. Haircutting into Style Incorporating more than One Base Line H. Shaping and Texturizing Hair	20	110+
XII. Hair Coloring and Bleaching A. Hair Analysis B. Safety Precautions C. Pre-disposition Tests D. Chemistry of Hair Coloring & Bleaching E. Formula Mixing F. Strand Test G. Product Knowledge H. Lightening Hair by Bleaching & Color Reduction I. Darkening Hair Previously Lightened by Bleaching or Reduction J. Producing Color Variation on Hair Using a Combination of Colors	35	55
XIII. Scalp and Hair Treatments A. Electrical Treatments B. Conditioning Treatments	5	10